

Information for Parents

What is Forest School?

Forest School is a child-centred approach to learning that takes place in our very own Forest School setting. It supports play, exploration, and supported risk-taking, helping children to develop confidence, resilience, and a deeper connection with the natural world in line with our desire for all our children to become **'Stewards of our Earth'**.

These sessions will link directly to the school curriculum; giving children the opportunity to observe nature first-hand, ask questions, and build on the learning they are doing in class through practical, hands-on experiences.

What will my child need?

Forest School can be messy and muddy. Sessions will take place in all weathers, except high winds or extreme rain.

Your child will need to arrive at school wearing:

- **Long trousers – e.g. jogging bottoms, leggings.**
- **Long sleeves – warm layers advised e.g. jumper, hoodie, sweatshirt.**
- **Wellies or old trainers and warm socks**
- **Weather dependent - warm coat, hat, scarf, gloves, waterproof clothing**

School uniform can be brought to school **in a separate bag** for your child to change into, after their session.

Please contact the school if you have any questions, please do ask.